

Supplications Related To Fasting And Eating

(With Approximate Word For Word Meanings In English)
Call To Islam Research

Before Eating:

بِسْمِ اللّٰهِ.

bismil-laah (In the Name Of Allaah)

If One Forgets To Say Bismillah Before Eating:

بِسْمِ اللّٰهِ فِيْ اَوَّلِهِ وَاٰخِرِهِ.

bismil-laahi (In the Name Of Allaah) **fee** (in) **awwalihi** (its beginning) **wa** (and) **aakhirihi** (its end).¹

After Eating:

الْحَمْدُ لِلّٰهِ الَّذِيْ اَطْعَمَنِيْ هٰذَا
وَرَزَقَنِيْهِ مِنْ غَيْرِ حَوْلٍ مِّنِّيْ وَلَا قُوَّةٍ.

alHamdu (All praise) **lil-laah** (is for Allaah) **al-ladhee** (who) **aT'amanee** (fed me) **hadha** (this) **wa** (and) **razaqaneehi** (provided it for me) **min ghayri** (without any) **Howlin** (might) **minnee** (from myself) **wa** (and) **laa** (no) **quwwah** (power [from myself]).²

Upon Breaking Fast (1):

ذَهَبَ الظَّمَا، وَاَبْتَلَّتِ الْعُرُوْقُ،
وَتَبَّتْ الْاَجْرُ اِنْ شَاءَ اللّٰهُ.

dhahaba (has gone) **aDHamaa'u** (the thirst) **wabtallatil** (and are quenched) **'urooqu** (the veins) **wa** (and) **thabatal** (is confirmed) **ajru** (the reward) **in-shaa' allaah** (if Allaah wills).³

¹ Abu Daawood 3/347, At-Tirmidhee 4/288. See Al-Albaanee's Saheeh At-Tirmidhee 2/167

² At-Tirmidhee, Abu Daawood and Ibn Maajah. See also Al-Albaanee, Saheeh At-Tirmidhee 3/159

³ Abu Daawood 2/306 and others. See also Al-Albaanee Saheeh Al-Jaami' As-Saghir 4/209

Upon Breaking Fast (2):

اللَّهُمَّ إِنِّي أَسْأَلُكَ بِرَحْمَتِكَ الَّتِي
وَسِعَتْ كُلَّ شَيْءٍ أَنْ تَغْفِرَ لِي.

allaahumma (O Allaah) **innee** (verily I) **as'aluka** (ask You) **biRaHmatika** (by Your mercy) **al-latee** (which) **wasi'at** (envelops) **kulla** (all) **shay'in** (things) **an taghfira** (that You forgive) **lee** (me) ⁴

Supplication Of The Guest For The Host:

اللَّهُمَّ بَارِكْ لَهُمْ فِيْمَا رَزَقْتَهُمْ، وَاعْفِرْ
لَهُمْ وَارْحَمَّهُمْ.

allaahumma (O' Allaah) **baarik** (bless) **lahum** (for them), **feemaa** (that which) **razaqtahum** (You have provided them), **waghfir** (and forgive) **lahum** (them) **warHamhum** (and have mercy upon them).⁵

Supplication Said For A Family Who Invites You To Break Your Fast With Them:

أَفْطَرَ عِنْدَكُمْ الصَّائِمُونَ وَأَكَلْ
طَعَامَكُمْ الْأَبْرَارُ، وَصَلَّتْ عَلَيْكُمْ
الْمَلَائِكَةُ.

aftara (May break their fast) **'indakum** (with you) **aS-Saa'imoon** (the ones who fast) **wa'akala** (and may eat) **T'aamakum** (your food) **al-abraar** (the pious) **wa** (and) **Sallat** (may send prayers) **'alaykum** (upon you) **al-malaa'ikah** (the angels). ⁶

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⁴ Ibn Maajah 1/557 from a supplication of Abdullaah Bin 'Amr. Al-Haafidh graded it as good in his checking of An-Nawawi's Kitaabul-Adhkaar. See Sharhul-Adhkaar 4/342

⁵ Saheeh Muslim 3/1615

⁶ Abu Daawood 3/367, Ibn Maajah 1/556, An-Nasaa'i, 'Amal Al-Yawm wal-Lailah 296-8. Al-Albaanee graded it authentic in Saheeh Abu Daawood 2/730