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### **Supplications Related To Fasting And Eating**

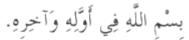
(With Approximate Word For Word Meanings In English) Call To Islam Research

**Before Eating:** 

bismil-laah (In the Name Of Allaah)

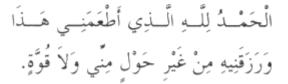
بسْم اللَّهِ.

#### If One Forgets To Say Bismillah Before Eating:



**bismil-laahi** (In the Name Of Allaah) **fee** (in) **awwalihi** (its beginning) **wa** (and) **aakhirihi** (its end). <sup>1</sup>

#### **After Eating:**



alHamdu (All praise) lil-laah (is for Allaah) al-ladhee (who) aT'amanee (fed me) hadha (this) wa (and) razaqaneehi (provided it for me) min ghayri (without any) Howlin (might) minnee (from myself) wa (and) laa (no) quwwah (power [from myself]).<sup>2</sup>

#### Upon Breaking Fast (1):

ذَهَبَ الظَّمَاً، وَابْتَلَّتِ الْعُرُوقُ، وَثَبَتَ الأَجْرُ إِنْ شَاءَ اللَّهُ.

<u>dh</u>ahaba (has gone) a<u>DH</u>amaa'u (the thirst) wabtallatil (and are quenched) 'urooqu (the veins) wa (and) thabatal (is confirmed) ajru (the reward) in-shaa' allaah (if Allaah wills). <sup>3</sup>

Tirmidhee 3/159

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 $<sup>^1</sup>$  Abu Daawood 3/347, At-Tirmidhee 4/288. See Al-Albaanee's Saheeh At-Tirmidhee 2/167  $^2$  At-Tirmidhee, Abu Daawood and Ibn Maajah. See also Al-Albaanee, Saheeh At-

<sup>&</sup>lt;sup>3</sup> Abu Daawood 2/306 and others. See also Al-Albaanee Saheeh Al-Jaami' As-Saghir 4/209

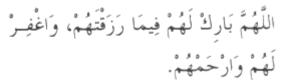
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#### **Upon Breaking Fast (2):**

اللَّهُمَّ إِنَّى أَسْأَلُكَ بِرَحْمَتِكَ الَّتِي وَسِعَتْ كُلَّ شَيْءٍ أَنْ تَغْفِرَ لِي.

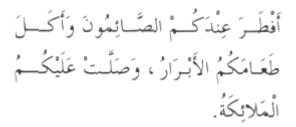
allaahumma (O Allaah) innee (verily I) as'aluka (ask You) biraHmatika (by Your mercy) al-latee (which) wasi'at (envelops) kulla (all) shay'in (things) an taghfira (that You forgive) lee (me)<sup>4</sup>

#### Supplication Of The Guest For The Host:



allaahumma (O' Allaah) baarik (bless) lahum (for them), feemaa (that which) razaqtahum (You have provided them), waghfir (and forgive) lahum (them) warHamhum (and have mercy upon them).<sup>5</sup>

#### **Supplication Said For A Family Who Invites You To Break Your Fast With Them:**



afTara (May break their fast) 'indakum (with you) aS-Saa'imoon (the ones who fast) wa'akala (and may eat) T'aamakum (your food) al-abraar (the pious) wa (and) Sallat (may send prayers) 'alaykum (upon you) al-malaa'ikah (the angels).

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<sup>&</sup>lt;sup>4</sup> Ibn Maajah 1/557 from a supplication of Abdullaah Bin 'Amr. Al-Haafidh graded it as good in his checking of An-Nawawi's Kitaabul-Adhkaar. See Sharhul-Adhkaar 4/342 Saheeh Muslim 3/1615

<sup>&</sup>lt;sup>6</sup> Abu Daawood 3/367, Ibn Maajah 1/556, An-Nasaa'i, 'Amal Al-Yawm wal-Lailah 296-8. Al-Albaanee graded it authentic in Saheeh Abu Daawood 2/730